

John Stephen Frost

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Background Summary

Resourceful, results-oriented Environmental Health & Safety Manager with more than 10+ years contractual and plant-based experience in national and international industrial, manufacturing, construction, electronics, aviation, healthcare, base operations, and engineering venues. Over the years, I have developed a strong background in project planning and management, budgeting, start-up operations, training, auditing, and troubleshooting with an exemplary record for reducing incidents and staying within budget. My focus has been on behavior based programs that empower the employees and reduce the burden of management.

Education

Masters of Business Administration in Global Management
University Of Phoenix July, 2003

Bachelor of Science in Health Science Education
University of Florida August 1998

Employment History

Advantec-Hr From 1/05 to present
4890 W. Kennedy Blvd. STE 500
Tampa, FL

Senior Risk Control Consultant

- Provide risk control evaluation services and training to over 200 companies in central Florida
- Manage loss rates and investigate claims at client sites
- Develop new risk management programs for clients
- Assist clients move to a safer and healthier workplace while reducing cost
- Conduct OSHA 10 and 30 hour training for construction workers
- Conduct Driver training
- Lead the Risk Consultant Team in projects and daily activities
- Promote development of internal training for staff

Raytheon AUTECH From 7/03 to 1/05
801 Clematis Street
West Palm Beach, FL

Group Level Manager, Environmental Safety and Health Department

- Supervise three departmental managers and a staff of six ESH personnel
- Manage an annual budget of more than 1.2 million dollars
- Successfully reduced the injury and spill rates by 50%
- Conduct studies and analyses of industrial accidents causes and hazards to health for company personnel and outside agencies for reporting
- Formulate safety and environmental policies and measurements
- Coordinate communications between corporate and local management
- Consult with department management on design and use of equipment, shops, fire prevention, and safety programs
- Review construction and demolition plans and advise on designs to incorporate safety and environmental issues
- Managed mold remediation projects and testing of facilities
- Coordinate inspections and tours of facilities to detect existing or potential accident and health hazards and make recommendations of corrective or preventative measures where indicated
- Participate in incident investigation and cooperate in the preparation of material and evidence for company use in hearings, law suites, and insurance investigations
- Devises, supervises, and coordinate training programs or media which increase proficiency in safe practices and promote safety consciousness
- Prepares and arranges safety and environmental exhibits and material for display, promotional work, industry conferences, and exhibitions

Raytheon Polar Services

7400 S. Tucson Way
Centennial, CO 80112

From 7/00 to 7/03

Environmental Health and Safety Coordinator

- Development and implantation of health and safety training programs for 5000 employees and grantees each year.
- Develop record keeping procedures
- Documents, tracks, and reports injury data to management
- Work closely with management to identify and improve safety issues
- Provides information and training to station personnel on safety topics
- Manage safety projects and develop time lines for completion
- Prepare reports and statistics for corporate level meetings. and reports to Congress
- Work with HR and Medical to provide accurate information to workers' compensation.
- Act as an internal consultant on Environmental and Safety Issues to program manager
- Supervise work on site to establish program requirements and expectations
- Perform construction and contract reviews for safety measures and clauses

Regeneration Technologies, Inc.

One Innovation Drive
Alachua, FL 32615

From 8/98 to 2/00

Employee Health and Safety Officer

- Developed and implemented a complete safety program for 250 employees that included all policies, procedures, and training programs related to safety.
- Managed several projects that improved processes and reduced project cost
- In the first 6 months, injuries were reduced by 50%.
- Increased emphasis on safety resulted in significant savings
- Conducted accident investigations to correct hazards and improve policies or training.
- Reported historical data to the board of directors
- Participated in planning facility growth and development.
- Implemented a safety committee
- Developed and maintain training programs and records

Alachua County Health Department,

Environmental Health Unit
730 N. Waldo Road #700
Gainesville, Florida 32601

From 5/98 to 8/98

Environmental Health Specialist

Performing technical work in education, investigation, enforcement, and promotion of Florida statutes and regulations. Specific duties included:

- Developed and conducted training for community on health related issues
- Conducted evaluations to meet county codes of new sites
- Conducted inspection of food services and institutions facilities
- Investigated cases for rabies control
- Performed and enforce regulations public water program

AvMed Health

4300 NW 89th Blvd
Gainesville, FL 32606

From 6/97 to 5/98

Member Service Representative

- Assisted members with the resolution of problems both on the phone and by correspondence

Tampa Bay Health Care Group

12210 Bruce B. Downs Blvd.
Tampa, FL 33612

From 2/96 to 9/96

Supervisor of Scheduling Department

- Supervised 14 employees
- Coordinated the patient schedules of 16 physicians
- Monitored statistics of peak call times for staffing needs
- Tracked budget expenditures and allocated funds for departmental purchases
- Developed a training program for the department
- Assisted in the triage of medical calls

Military Service

U.S. Air Force Reserve

Medical Technician/ EMT

From 5/91 to 2/07

- Trainer for medical procedures and process
- Develop training new programs for staff and patients
- Review medical records for qualifications and ensuring that records meet standards set by NCQA
- Assist in data trend analysis of patient population to determine quality of care
- Ensure the safety and well being of patients and staff in the hospital
- Review the material safety data sheets for accuracy
- Reviewed and corrected hospital policies for JCOH inspection

U.S. Air Force

Fire Protection Specialist

From 5/83 to 3/87

- Trained in aircraft crash, rescue, structural fires, and technical fire services
- Trained co-workers, local volunteer fire departments, and the public in fire safety
- Supervised subordinates, monitored training records and evaluating them on both skills and professionalism
- Conducted facility inspections for code enforcement

Certifications

OSHA 10 and 30 hour trainer
National EMT
Rescue Diver
Six Sigma Specialists
ISO Auditor Certificate
Train the Trainer
Certified Lead Inspector
Raytheon V.A.L.U.E.S. Instructor
Mold Awareness
Principles of Safety Management Program Certificate
Driver Improvement Instructor
Florida Real Estate Sales Associate License
Notary Public - Florida

Professional Organizations

American Society of Safety Engineers (ASSE)
National Association of Safety Professionals (NASP)